



NC DSDHH: Greensboro Regional Center

Don't Take It [Intra]Personal Presented by: Erica Harris



Erica Harris

May 9, 2024
6 – 8 p.m.

0.2 PS CEUs

Accommodations
must be requested
before April 18,
2024.

Workshop is FREE.

A Zoom link will be
emailed after
registration.

Click [here](#) to register.

Workshop Description

Interpreters deal with so many demands while on the job. The intrapersonal demands - what goes on in our heads - can impact our work just as much as the environment, parties involved, and the language itself. This can be especially challenging to navigate as a new interpreter. In this virtual workshop we will use Demand-Control Schema and other tools to tackle negative thinking, stop playing the comparison game, and work toward being the best version of ourselves for our consumers and our colleagues.

Erica Harris

Erica Harris is a North Carolina native and graduate of UNC-Greensboro's Interpreter Training Program. She has been the Interpreting Services Specialist at the Division of Services for the Deaf and Hard of Hearing Greensboro Regional Center for six years. When she isn't interpreting, you can find her reading a book or performing on stage.



Information

Language of Presentation: This training will be conducted in English.

American Sign Language interpreters and other accommodations will be provided upon request. **For accommodation requests** contact Erica Harris at Erica.L.Harris@dhhs.nc.gov by April 18, 2024.

Cancellations: Please email cancellations to Erica Harris at Erica.L.Harris@dhhs.nc.gov.

CEUs: NCRID is an Approved RID CMP Sponsor of Continuing Education Activities.
0.2 Professional Studies CEUs at the selected Content Knowledge Level:

Little/None **Some** Extensive Teaching

To receive CEUs, you must arrive within 15 minutes of the workshop's start and you must stay the entire time.

Non-discrimination statement: NCRID is providing CEUs for this workshop as an opportunity for safe, respectful learning and will not permit harassment, discrimination or horizontal violence based on another's comments, questions, schema, race, color, religion, gender, gender expression, age, national origin, disability, marital status, sexual orientation or any other protected class.

Target Audience: Emerging interpreters, provisionally licensed interpreters, interpreting students.

Registration:

Registration is free.

Registration will be accepted until full.

Registration is limited to 50 participants.

Questions: Please contact Erica Harris at Erica.L.Harris@dhhs.nc.gov.